



Build Your *Supernatural* **BUSINESS** 5 day challenge

Lifestyle Vision

If you had your ideal life, what would that look like?

Name 5 things you dream of having:

- 1.
- 2.
- 3.
- 4.
- 5.

Five things you want to be

- 1.
- 2.
- 3.
- 4.
- 5.

Five things you dream of doing:

- 1.
- 2.
- 3.
- 4.
- 5.

No judging! Don't put altruistic and self-less stuff down just because you think you should. This is an exercise in reversing repression. If you have trouble identifying what you want, consider what you hate and put down the opposite.



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Lifestyle Vision, cont.

How will you feel in attaining this? What will it make possible? What's the purpose?

Now rewrite your answers in paragraph form in a word doc or separate piece of paper in present tense, as if you've already achieved all of it. Take a few moments to close your eyes and invite Holy Spirit into your imagination. Imagine this has all been attained. What is a day in your life like? What are you doing? Who are you spending time with? Where are you? With practice, this will get easier and take on a life of it's own. You'll be able to add new stuff to your written plan.